Track: 2019-08-03 Laghetti, Prena e Brancadoro **Date: 03/08/2019**

Track: 2019-08-03 Laghetti, Prena e Brancadoro	**IBP = 109 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	13.84 Km
Analyzed distance	13.84 Km
Lineal distance	0.04 Km

Accumulated climb	1003.1 m
Accumulated descent	990.7 m
Maximum height	2550.5 m
Minimal height	1570.9 m
Climb rate	14.53 %
Descent rate	14.7 %
Positive climb difference per	72.48 m
Negative descent difference per	71.58 m

Total time	6:46:22 h
Time in movement	4:02:27 h
Stopped time	2:43:55 h

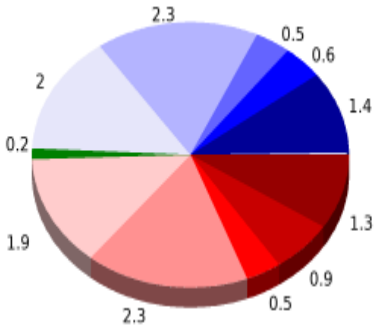
Total speed average	2.04 Km/h
Average speed in movement	3.43 Km/h
Maximum held speed	6.72 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1082 (cad. 12.79 m)
Significant points	385 (cad. 36.03 m / 35.58 %)
Aberrant points	131 (12.11 % d. total)

Direction changes per	14.74
Direction changes >5° per	8.82
Accumulated straight stretches	2.128 Km
Straight stretches per	153.76 m
Penalizables slope changes	4
Penalizables slope changes per	0.289

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Summary of slopes

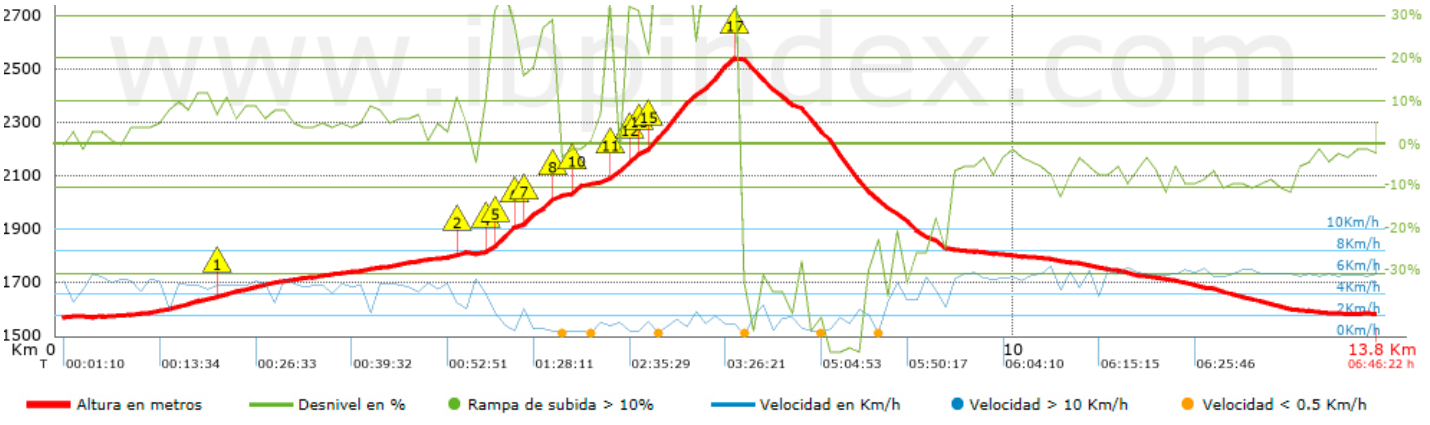


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.293	9.35	1.57	0:49:29
	Between 15 and 30%	0.85	6.14	2.87	0:17:47
	Between 10 and 15%	0.495	3.58	4.84	0:06:08
	Between 5 and 10%	2.33	16.84	3.95	0:35:23
	Between 1 and 5%	1.934	13.98	4.48	0:25:53
	Total :	6.902	49.88	3.07	2:14:40
	Plain				
	Difference of 1%	0.194	1.4	5.22	0:02:14
	Breakdown descents				
	Between 1 and 5%	1.95	14.09	5.06	0:23:07
	Between 5 and 10%	2.281	16.49	5.31	0:25:46
	Between 10 and 15%	0.47	3.4	5.46	0:05:10
	Between 15 and 30%	0.64	4.63	3.75	0:10:14
	Between 30% and 55%	1.399	10.11	2.03	0:41:16
	Total :	6.74	48.71	3.83	1:45:33
	Total track :	13.84	100 %	3.43	4:02:27

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	4.133	13 %	107 m
2	4.453	16 %	70 m
3	4.524	30 %	208 m
4	4.732	21 %	140 m
5	4.872	32 %	288 m
6	5.16	14 %	101 m
7	5.37	42 %	32 m
8	5.402	22 %	79 m
9	5.728	28 %	277 m
10	6.006	47 %	30 m
11	6.035	18 %	100 m
12	6.136	21 %	34 m
13	6.17	39 %	846 m
14	7.016	45 %	35 m
15	7.051	28 %	33 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	285.597	2.06	0:10:48	1.59	0:21:17	0:32:05	0.53
2250	1461.08	10.56	0:45:52	1.91	0:59:29	1:45:21	0.83
2000	1778.536	12.85	0:54:19	1.96	0:54:24	1:48:43	0.98
1750	4214.83	30.46	0:59:46	4.23	0:28:45	1:28:31	2.86
1500	6095.455	44.06	1:11:42	5.1		1:11:42	5.1
Total :	13.835 Km	100 %	4:02:27 h	3.42 Km/h	2:43:55 h	6:46:22 h	2.04 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.661	0:13:49 > 10´	1872	1:06:06	1:06:06	4.661
4.946	0:14:56 > 10´	1949	1:25:17	0:19:11	0.285
5.197	0:04:38	2024	1:44:16	0:18:59	0.25
5.296	0:04:14	2027	1:50:16	0:06:00 < 10´	0.099
5.37	0:18:28 > 10´	2033	1:55:19	0:05:03 < 10´	0.074
5.874	0:03:32	2118	2:28:57	0:33:38	0.503
6.006	0:03:39	2159	2:37:34	0:08:37 < 10´	0.132
6.17	0:08:32	2199	2:46:49	0:09:15 < 10´	0.164
7.083	0:21:17 > 10´	2551	3:31:14	0:44:25	0.914
7.396	0:03:48	2450	4:03:11	0:31:57	0.313
7.666	0:31:49 > 10´	2368	4:14:23	0:11:12	0.27
7.836	0:08:47	2329	4:48:31	0:34:08	0.17
7.944	0:17:59 > 10´	2282	4:59:31	0:11:00	0.108
8.54	0:08:27	2019	5:37:23	0:37:52	0.596
Total :	2:43:55 h				

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